

Caregiver conference set for April 25

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At the fifth annual Caregiver Conference on Tuesday, April 25, in Medford, Elaine K. Sanchez, speaker, author and co-founder of Caregiverhelp.com, will share real-life stories about understanding and responding to dementia-related challenging behaviors — including surprising and inappropriate sexual behavior.

The conference will be from 9 a.m. to 3 p.m. at the Inn at the Commons' grand ballroom, 200 N. Riverside Ave., Medford. Register at <https://oregoncarepartners.com/classes/in-person/annual-caregiver-conference-5>.

Inappropriate sexual behavior is a common sign of Alzheimer's and dementia. Although not often talked about, it can be very disconcerting for family and professional caregivers, and can create challenges for responding with compassion and understanding.

Hosted by the Oregon Health Care Association, in collaboration with Oregon Care Partners, the conference is suited for family and professional caregivers, including nursing assistants, medication aides, universal service workers and non-licensed direct care staff.

In addition to Sanchez's presentation, "Sex and Other Dementia-Related Surprising Behaviors," two other presentations will be given at the conference: "Psychotropic Medications: Why and How to Avoid Overuse," by Josh Allen, RN, C-AL, and CEO of Sandi Flores Consulting Group, and "Let's Get Real: Being Person-Centered in a Task-Oriented World," presented by Diana White, PhD, and Lynda Crandall, RN, GNP.



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